

The Euroteam invited all the members of CLC in Europe to a workshop on the Clock of Life, organised by CLC in England and Wales in May 2025.

### 1. **Clock of life - invitation from CLC in England and Wales**

Dear friends in the Lord, we are inviting you to a formation workshop on the Clock of Life.-A workshop on Spirituality for Seniors. This will be carried out in England.

The mission of the Clock of Life is to “Generate spaces in life and alleviate suffering in people in the twilight of life”. This tool has been created to be shared within CLC and as an outreach apostolic tool. It has been developed with elderly people of our society in mind, structured in a way that can be offered within parishes, residential homes, retreat houses and other spaces where healing in the light of faith is required.

This formation workshop will be intense (as the content will be condensed within 3 days). Even though there will be spaces for individual reflection, small group and whole group sharing, the reflection time will be limited (in contrast to the ideal delivery of the tool for elderly groups).

The experiential and shared part of the formation will be carried out throughout these 3 days of in-person training. Following this experience, there will be an additional element of the training which will be carried out online. This latter part will look at the theoretical and methodological framework of the tool in order to develop a deeper understanding of this and eventually gain the necessary knowledge and experience to be able to offer it within our communities and as an outreach project.

If you would like any further information, please do not hesitate in contacting me at [eurolink@clcew.org.uk](mailto:eurolink@clcew.org.uk) (Cristina Garcia-Hebson)

#### **Practical details of the workshop:**

**Venue:** Wistaston Hall (Oblate Retreat Centre in Crewe) in England

**Dates:** Friday 9<sup>th</sup> to Monday 12<sup>th</sup> of May 2025 (we will begin with lunch on Friday and end with lunch on Monday)

**Cost:** 251 Euros

There is a number-limit for participants willing to take part in this workshop.

If you would like to take part, please follow the registration form and the information will be considered by the facilitator as a pre-requirement before being accepted to participate in the formation process.

At the beginning of the registration form there is a link that offers a visual introduction to The Clock of Life workshop.

#### **Registration deadline is 31<sup>st</sup> of January 2025**

I will then send a confirmation letter with all the payment details.

**A deposit of 50 Euros** will need to be sent **before the 16th of February 2025.**

Here is the online *registration form*:

Registration form: [Ficha Inscripción RdV UK - Google Forms](#)

Contact: CLC EuroLink [Eurolink@clcew.org.uk](mailto:Eurolink@clcew.org.uk) (Cristina)

Blessings!

The Euroteam of CLC